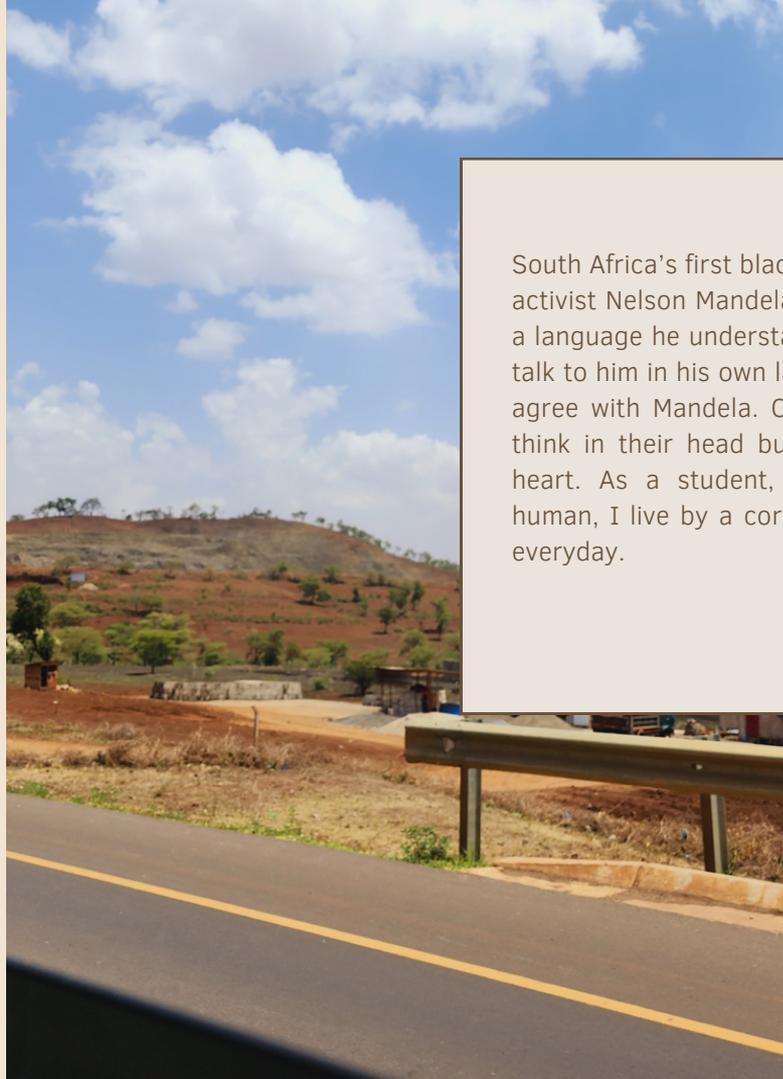
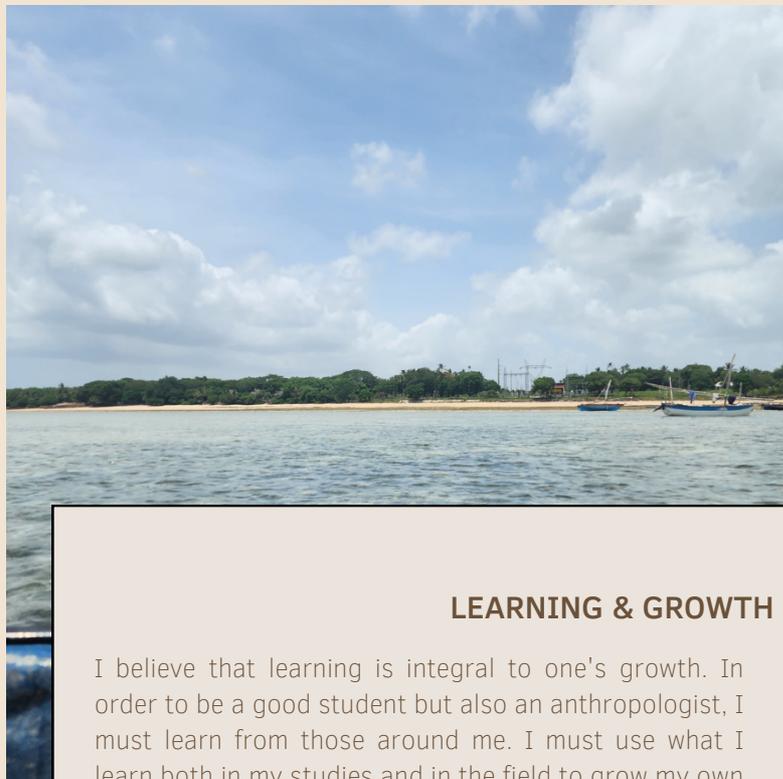


# ETHICS STATEMENT



## OPENING

South Africa's first black head of state and anti-apartheid activist Nelson Mandela once said "If you talk to a man in a language he understands, that goes to his head. If you talk to him in his own language, that goes to his heart." I agree with Mandela. One's ethics is not just what they think in their head but also what they believe in their heart. As a student, anthropologist, daughter and a human, I live by a core group of ethics which guide me everyday.



## LEARNING & GROWTH

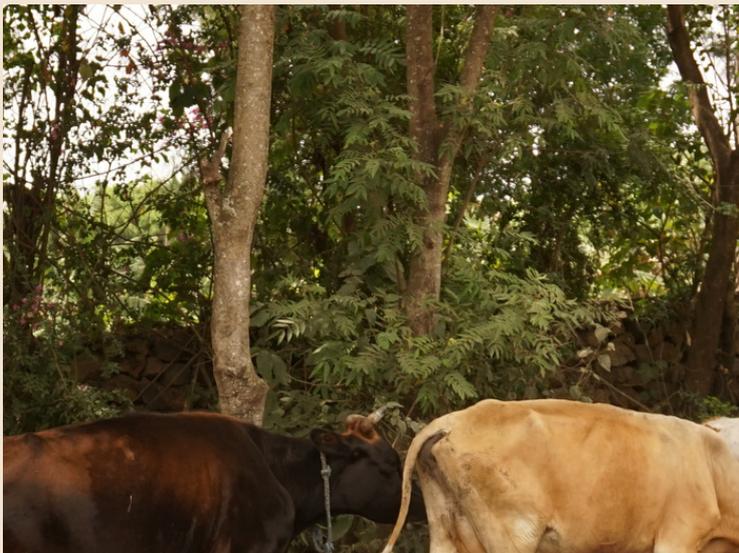
I believe that learning is integral to one's growth. In order to be a good student but also an anthropologist, I must learn from those around me. I must use what I learn both in my studies and in the field to grow my own personal database of knowledge. I will respect all teachers, both academic and traditional. I will especially keep an open mind when it comes to traditional knowledge keepers, as the wealth of knowledge they hold is priceless.





## COMMUNITY

I will be an active member of not only my own community but also the global community. I will respect all descendant populations and communities. I will work closely with all the communities I come into contact with. I will not judge nor ridicule any group of people. I will not isolate myself, and we'll make sure to interact slowly with those around me, both locally and internationally. I shall help to strengthen certain communities when appropriate, along with listening to them on how to best be an ally to them.



## FAITH AND SPIRITUALITY

I will not force any faith or spiritual beliefs on any person. I will make sure to respect all faith groups and spiritual practices, participating in them when appropriate. I will keep my own faith and spirituality to myself unless deemed necessary to share those details with others. I am open to learning about different faiths and spiritualities in a holistic manner. I will have an open dialogue with others about faith and spirituality. I will make sure to create a safe environment for people to talk about and practice their faith, free of bias and prejudice.

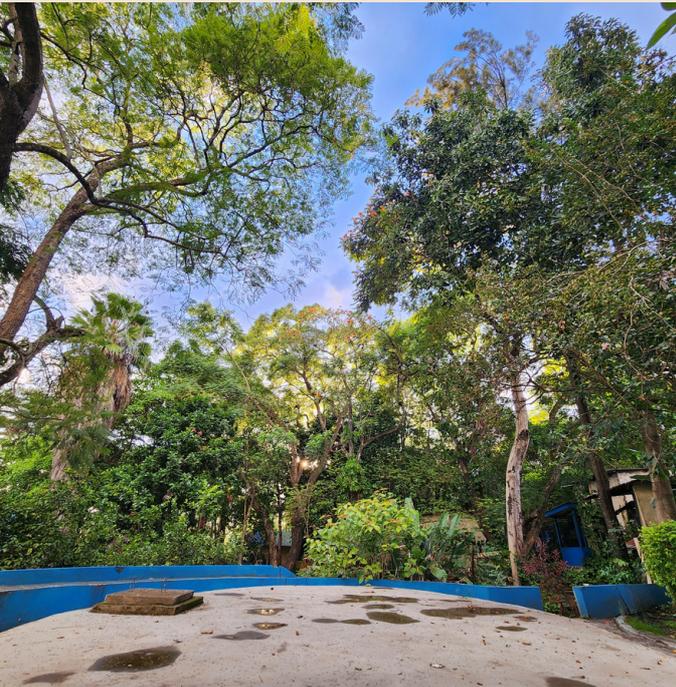
## OPENNESS AND KINDNESS

I will keep an open mind and treat others with kindness. I will make sure to be gentle and caring. I will not approach things with a preconceived notion. Instead, I will go into them with a completely open mind. I will make sure that those around me emulate this principle of openness and kindness. If not, I will make sure to remove them from situations where people do not feel comfortable. I shall act as a mediator in some cases to make sure that there is an open line of communication and that only words of kindness and not hate are being said. I do not tolerate, hate, or condone bigotry of any kind and will not stand for it or condone such things.



## BALANCE AND PEACE

I will make sure to foster a healthy, peaceful, and balanced environment, not only for myself but for others around me. I will try my best to ensure peace for all I work with. I will strive for a balance between work and life in order to find equilibrium.



## CLOSING

All the qualities stated above are necessary in order to make sure that I am able to be the best person I can be. The ethics I focus on help me form solutions and base them in a unique way. I am confident that sticking by these ethics will lead me down a prosperous and humble path throughout the many faces of my life. I believe that everyone has a unique set of ethics, one that makes them a well-rounded organic human being.